Grocery list

Store _____ Week of _____

PRODUCE
- [ ] Bananas
- [ ] Apples
- [ ] Berries
- [ ] Lettuce
- [ ] Tomatoes
- [ ] Onions
- [ ] Potatoes
- [ ] _____
- [ ] _____

BAKERY
- [ ] Bread
- [ ] Buns
- [ ] Tortillas
- [ ] _____
- [ ] _____

DELI
- [ ] Lunch meat
- [ ] Sliced cheese
- [ ] Rotisserie chicken
- [ ] _____
- [ ] _____

MEAT & SEAFOOD
- [ ] Chicken
- [ ] Ground beef
- [ ] Bacon
- [ ] Fish
- [ ] _____
- [ ] _____

DAIRY & EGGS
- [ ] Milk
- [ ] Eggs
- [ ] Cheese
- [ ] Yogurt
- [ ] Butter
- [ ] _____
- [ ] _____

FROZEN
- [ ] Frozen vegetables
- [ ] Pizza
- [ ] Waffles
- [ ] Ice cream
- [ ] _____
- [ ] _____

BREAKFAST & CEREAL
- [ ] Cereal
- [ ] Oatmeal
- [ ] Coffee
- [ ] _____
- [ ] _____

PANTRY
- [ ] Pasta
- [ ] Rice
- [ ] Canned beans
- [ ] Soup
- [ ] Peanut butter
- [ ] Flour
- [ ] Sugar
- [ ] _____
- [ ] _____

CONDIMENTS & SAUCES
- [ ] Ketchup
- [ ] Pasta sauce
- [ ] Salad dressing
- [ ] Spices
- [ ] _____
- [ ] _____

SNACKS
- [ ] Chips
- [ ] Crackers
- [ ] Granola bars
- [ ] _____
- [ ] _____

BEVERAGES
- [ ] Juice
- [ ] Water
- [ ] Soda
- [ ] _____
- [ ] _____

BABY
- [ ] Diapers
- [ ] Wipes
- [ ] _____
- [ ] _____

HEALTH & BEAUTY
- [ ] Toothpaste
- [ ] Shampoo
- [ ] Medicine
- [ ] _____
- [ ] _____

PAPER & HOUSEHOLD
- [ ] Paper towels
- [ ] Toilet paper
- [ ] Dish soap
- [ ] Laundry detergent
- [ ] Trash bags
- [ ] _____
- [ ] _____

PET
- [ ] Pet food
- [ ] Litter
- [ ] _____
- [ ] _____

Free printable from kithful.app/printable-grocery-list